

CUYAHOGA VALLEY CHURCH,
ABIGAIL MINISTRIES AND
CJ HENDRY & ASSOCIATES
PRESENT

A SEMINAR ON DOMESTIC VIOLENCE

SATURDAY, OCTOBER 27, 2007
9:00 AM – 12:30 PM

CUYAHOGA VALLEY CHURCH
5055 EAST WALLINGS ROAD
BROADVIEW HEIGHTS, OH 44147

SEMINAR SPEAKERS

RYAN EDLIND, M.S., M.S.W.

Pastor Ryan Edlind directs the Care Ministries at CVC. Ryan has been involved with providing counseling services since 1996. He completed graduate work toward an M.Div. at Baptist Bible Seminary, and completed both a M.S. in Christian Counseling from Philadelphia Biblical University and Master of Social Work from New York University. He is also a Licensed Independent Social Work Supervisor in Ohio, with experience in psychiatry and church settings. Ryan desires to serve God, the people of CVC, and surrounding communities by offering authentic care, biblically guided hope, and spiritual direction. He currently does not provide professional counseling services.

MARYLOU DOEBELE, M.A., LPCC

MaryLou Doebele, co-founder of Abigail Ministries, is a Professional Clinical Counselor in private practice with C.J. Hendry & Associates, Inc. in Westlake, Ohio. She speaks on the issue of Domestic Violence, both from a clinical perspective and from her personal experience. MaryLou is passionate about helping women and is dedicated to educating pastors and church leaders to effectively assist women experiencing abuse.

SALLY HARVEY

Sally Harvey is the founder of Abigail Ministries. As a survivor of domestic violence, she has a heart to help hurting women. She was a volunteer at the Domestic Violence Center and is a speaker for the Police Academy. She started a faith-based Domestic Violence support group in 2003 from which Abigail Ministries was formed. She is currently pursuing a degree in Social Work.

SEMINAR OUTLINE

I. 9:00 – 9:20 a.m. Introduction – Pastor Ryan Edlind

   a. Welcome
   b. Disclaimers
   c. Definition of Domestic Violence
   d. Overview of Seminar
   e. The Church's Response to Domestic Violence

II. 9:25 – 9:35 a.m. – Sally Harvey

   a. What is Abigail Ministries?
   b. Statistics of Domestic Violence

III. 9:40 – 10:00 a.m. Biblical Framework for understanding how God looks at Domestic Violence – MaryLou Doebele

IV. 10:05 – 10:25 a.m. What is Domestic Violence? – Sally Harvey

   a. Definition
   b. Types of Abuse
   c. Cycle of Violence
   d. MaryLou's Testimony

V. 10:25 – 10:30 a.m. Q & A (remaining minutes before break)

BREAK 10:30 – 10:45 AM

VI. 10:50- 11:00 a.m. Why Doesn't She Just Leave?
Has He Really Changed – Sally Harvey

VII. 11:05 – 11:15 a.m. Skit

VIII. 11:20 – 11:30 a.m. Effects of Domestic Violence on Children – MaryLou Doebele

IX. 11:35 – 11:55 a.m. What Can the Church Do? – Pastor Ryan Edlind

X. 12:00 noon – 12:25 p.m. How to help a victim of Domestic Violence? (Pastors, Church Leaders, Counselors) – MaryLou Doebele

1:00 p.m. – 2:00 p.m. Panel Discussion Luncheon
Panelists: Pastor Ryan Edlind, MaryLou Doebele, Sally Harvey, Steve Bailey, Attorney with Marco, Marco, and Bailey in Medina, Officer William Schuster of the Brunswick Police Dept., and Linda Johanek, LISW, Director of Development at Domestic Violence Center in Cuyahoga County (a battered women's shelter)

SEMINAR OVERVIEW

Domestic Violence is a serious problem affecting our moms, sisters, friends and children. This seminar will equip caregivers and service providers to help people who are in Domestic Violence situations by:

- ***RAISING AWARENESS:*** Learn more about the realities of Domestic Violence in the church and the community
- ***INCREASING KNOWLEDGE:*** Become educated about the dynamics of Domestic Violence and understand God's view of marriage and violence
- ***STRENGTHENING SKILLS:*** Develop skills to help prevent Domestic Violence and support its victims

Description

Whether you are in a counseling practice, in a church setting, or living in a community you will encounter women in abusive situations. Christian homes are not immune to the problems of Domestic Violence and the abuser has the added weapon of misusing Scripture to justify his actions. This secret sin happening behind closed doors must be exposed for God's light of truth to penetrate and bring healing to all affected. This seminar is designed to equip you to respond with knowledge and compassion to those suffering in this secret sin.

Recommended Reading

Please see "Books" in Resource Section

Seminar Goals

Upon completion of the seminar participants should be able to:

1. Demonstrate an awareness of the realities of Domestic Violence in the church and the community
2. Understand what Domestic Violence is including a Biblical framework of how God views violence
3. Understand the dynamics of Domestic Violence and its effects on the abused, including the children
4. Understand the problems facing the victims of Domestic Violence and learn how to counsel with the truth of God's Word
5. Effectively intervene in response to the abused when confided in
6. Demonstrate an ability to refer the abused to helpful appropriate community services

NOTES



Cuyahoga Valley Church, Abigail Ministries and CJ Hendry & Associates present

A SEMINAR ON DOMESTIC VIOLENCE

Definition of Domestic Violence

Domestic Violence is a **repeated** pattern of behavior one person uses over another to gain **power and control.** Types of abuse can include verbal, emotional, financial, physical, intimidation, sexual, or spiritual.

Definition of Domestic Violence

Abuse occurs to women in all socioeconomic, racial, ethnic, and educational levels. An abused woman is just as likely to be a successful professional or the woman sitting next to you in church as a woman on welfare.

Overview of Seminar

This seminar will equip caregivers and service providers to help people who are in Domestic Violence situations by:

- Raising Awareness
- Increasing Knowledge
- Strengthening Skills

The Church's Response to Domestic Violence

- Silence
- Withdrawal
- Confusion
- Oppression
- New Beginnings

Abigail Ministries

- Established 2003
- Support Groups for Christian Women
- Educate Faith Community
- Help Families Affected
- Answer Faith Questions
- God's View of Domestic Violence
- Boundaries
- Safety Plans
- Support

Abigail Ministries

- Encouragement
- Love of Jesus
- Discover God's Plan
- Resources
- Training Programs
- Complement Existing Services
- Strength for Women
- Light of Hope
- Love of Jesus

Statistics of Domestic Violence

Every 9 seconds a woman in the United Stated is abused by a husband or boyfriend.

On the average more than 3 women are murdered by their husband/boyfriend every day.

Statistics from FBI Crime Report, U.S. Department of Justice and The National Domestic Violence Hotline website

Statistics of Domestic Violence

4 million American women experience a serious assault by a partner during an average twelve month period

74% of employed battered women were harassed by their partner while they were at work

Statistics from FBI Crime Report, U.S. Department of Justice and The National Domestic Violence Hotline website

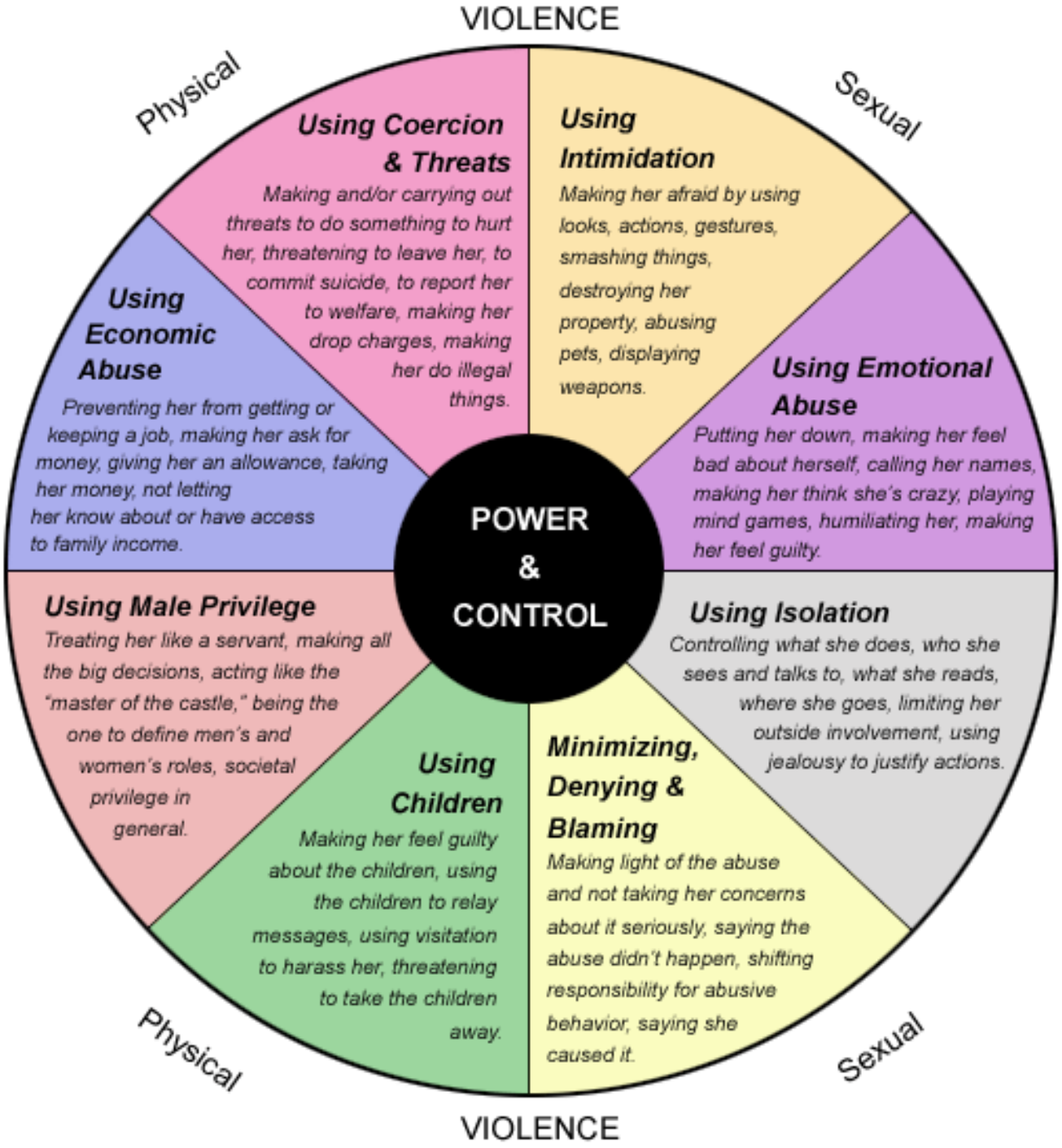
Biblical Framework

- Luke 4:16-19
- Malachi 2:16
- Matt. 12: 34b-35
- Mark 7: 20-23
- I Cor.3:16 & 17
- Psalm 140:1-2
- Ezekiel 45:9
- 1 Cor. 5:9-11
- Mark 9:42
- Prov. 22:24
- Psalm 27:12
- 2 Tim.3:1-5
- John 10:10
- Gal. 1:10
- Rom. 13:1
- Psalm 11:5
- Prov. 19:19
- Isa.54:5
- Prov. 27:12
- Matt. 18:15-16
- John 12:46
- Col. 1:13
- Col. 2:8
- Col. 3:19
- Eph. 5:21-25

Types of Abuse

- Verbal
- Emotional
- Financial
- Physical
- Intimidation
- Sexual
- Spiritual

CYCLE OF VIOLENCE



Used with permission: Domestic Abuse Intervention Project, Duluth, MN.

Why Doesn't She Just Leave?

- Faith
- Fear
- Confusion
- Economics
- Denial
- Shame
- Embarrassment

Women who leave their batterer are at 75% greater risk of being seriously injured or killed than those who stay.

Has He Really Changed?

- Willing to wait
- No pressure to forgive
- No more threats
- Respect
- She feels safe
- He respects her "No"
- No more blame
- Takes responsibility
- Seeks counseling
- No more isolation from family and friends
- Acknowledges the damage caused by his abusive actions
- True commitment to change

Statistics of Abuse in America
How Children Are Affected

For 30% of women who experience abuse, the first incident occurs during pregnancy.

Approximately 3.3 million children witness violence toward their mothers each year.

63% of young men between the ages of 11 and 20 who are serving time for homicide have killed their mother's abuser.

Statistics from FBI Crime Report, U.S. Department of Justice and The National Domestic Violence Hotline website

Effects of Domestic Violence on Children

- Emotional
- Social
- Developmental
- Behavioral
- What builds resilience in children?

**Children tend to protect their abusers and act out on the safe parent.

Effects of Domestic Violence on Children

Mark 9:42 (NIV) "And if anyone causes one of these little ones who believe in me to sin, it would be better for him to be thrown into the sea with a large millstone tied around his neck."

What Can the Church Do?

- Get further training on how to care and mentor people!
  (School of Spiritual Growth and Community on February 21, 2008)
- Develop goals to practically and spiritually direct the abused and the abuser.
- Avoid pitfalls and join (or create) care leadership teams.
- Engage, cooperate, and train with other churches and community leadership regarding family safety.

WHAT CAN THE CHURCH DO?

Develop goals to practically care and spiritually direct the abused and the abuser.

Caregivers and leaders who are attempting to assist individuals confronted by violence should always keep in mind the following goals:

1. Protect the victim from further violence.
2. Stop the abuser's violence.
3. Restore the relationship if possible. If this is not possible, mourn the loss of the relationship.

These goals will shape the role and response of caregivers and leaders in relation to victims, survivors, and abusers. Toward that end, the following tasks are primary aspects to help with the abuse:

1. Listen and believe.
2. Assess danger (immanency, intensity, frequency, duration, etc).
3. Make appropriate referrals, and work cooperatively with other helpers (police, shelter workers, hospital, abuse hotline, pastors, counselors, etc.).
4. Address other care related concerns (spiritual condition, finance, transportation, health, childcare, housing, addiction, etc.)

Avoid pitfalls and join (or create) care leadership teams.

As people attempt to help, the may be faced with numerous temptations. These temptations may arise out of fear, ignorance, or a sense of inadequacy. It is possible to go down erroneous roads and undercut the help a counselor might otherwise give to a victim, offender, or non-offending parent who seeks help. The following are cautions:

1. Do not use confidentiality as an excuse not to act to protect a child from further abuse.
2. Do not interview a victim and an abuser as a couple. Do not attempt to help them together in order to stop the abuser's violence.
3. Do not minimize the incidents that the victim shares with you. Assume you are not hearing everything.
4. Do not refer couples who you suspect are dealing with abuse to marriage enrichment programs, mediation sessions, communications workshops and the like. Safety must be tended to prior to making these referrals.
5. Do not try to deal with the problem alone. You probably don't have the time, energy, or expertise you need. Refer, refer, refer!
6. Do not be taken in by the batterer's religious conversion experience.
7. Do not help the batterer avoid legal consequences of their violent behavior. Do not provide a character witness or act as an advocate for this purpose.
8. Do not practice "forgive and forget" or easy repentance for an abuser. Expect repentant abusers to surrender their demands for speedy resolution. Have strong and godly leadership maintain close ongoing accountability for the abuser.

How To Help a Victim of Domestic Violence

GOALS:

1. **SAFETY** for the woman and children
2. **ACCOUNTABILITY** for the abuser
3. **HEALING** of individuals
4. **RECONCILIATION** of relationships (if possible) OR
5. **MOURNING** the loss of the relationship

Panelists
Luncheon Discussion

MaryLou Doebele
Counselor

William Schuster
Police Officer

Steve Bailey
Attorney

Sally Harvey
Co-Founder of Abigail Min.

Linda Johanek
Director of Women's Shelter

PANEL DISCUSSION LUNCHEON

PANELISTS

Ryan Edlind, MS, MSW (Emcee)
Pastor of Spiritual Growth
Cuyahoga Valley Church

MaryLou Doebele, MA, LPCC
Professional Clinical Counselor
CJ Hendry & Associates

Co-Founder
Abigail Ministries

Sally Harvey
Co-Founder
Abigail Ministries

Steve C. Bailey
Attorney at Law
Marco, Marco, and Bailey in Medina

Officer William Schuster
Police Officer
Brunswick Police Department

Linda Johanek, LISW
Director of Development
Domestic Violence Center in Cuyahoga County
(A battered women's shelter)

DOMESTIC VIOLENCE RESOURCES

BOOKS

Adams, Carol J. ***Woman-Battering: Creative Pastoral Care and Counseling Series***. Minneapolis: Augsburg Fortress, 1994.

Bancroft, Lundy. ***Why Does He Do That?: Inside the Minds of Angry and Controlling Men.*** Berkley Publishing Group, 2003.

Barner, Leslie J. ***A Way of Hope***. Little Rock: FamilyLife, 2001.

Beattie, Melody. ***Codependent No More***. Hazelden Foundation, 1987.

Brewster, Susan. ***To Be An Anchor in the Storm: A Guide for Families and Friends of Abused Women.*** Seattle: Seal Press,1997.

Cloud, Henry. ***Changes that Heal***. New York: HarperPaperbacks, 1992.

Cloud, Henry & Townsend, John. ***Boundaries in Marriage***. Grand Rapids: Zondervan, 1999.

Cloud, Henry & Townsend, John. ***Boundaries: When to Say Yes When to Say No to Take Control of Your Life***. Grand Rapids: Zondervan, 1992.

Evans, Patricia. ***The Verbally Abusive Relationship***. Holbrook, Massachusetts: Adams Media Corporation, 1996.

Grady, Jay. ***STOP Verbal Abuse: How to Break the Cycle of Verbal Abuse***. Houston, TX: Therapeia Publishing, 2003.

Groom, Nancy. ***From Bondage to Bonding: Escaping Codependency Embracing Biblical Love***. Colorado Springs: NavPress, 1991.

Hawker, L. & Bicehouse, T. ***End the Pain: Solutions for Stopping Domestic Violence***. Barclay House Books, 1995.

Hegstrom, Paul. ***Angry Men and the Women Who Love Them: Breaking the Cycle of Physical and Emotional Abuse***. 1999. Beacon Hill Press, Kansas City.

Hemfelt, R., Minirth, F., & Meier, P. ***Love is a Choice: Recovery for Codependent Relationships***. New York: Guideposts, 1989.

Jones, Ann & Schechter, Susan. ***When Love Goes Wrong:What to Do When You Can't Do Anything Right (Strategies for women with controlling partners)***. New York: HarperPerennial.

Kroeger, C. & Nason-Clark, N. ***No Place for Abuse: Biblical & Practical Resources to Counteract Domestic Violence***. Downers Grove, IL: InterVarsity Press, 2001.

Langley, R. & Levy, R. ***Wife Beating: The Silent Crisis***. New York: E.P.Dutton, 1997.

Lerner, Harriet. ***The Dance of Anger: A Woman's Guide to Changing the Patterns of Intimate Relationships***. New York: HarperPerennial.

Luchsinger, Paul & Susie. ***A Tender Road Home***. Atoka, Oklahoma: Psalms Ministries, 1997.

Mc Dill, S.R. & McDill, L. ***Shattered and Broken: Wife Abuse in the Christian Community: Guidelines for Hope and Healing***. Tarrytown, NY: Fleming H. Revell Company, 1991.

Miles, Al. ***Domestic Violence: What Every Pastor Needs to Know***. Minneapolis: Augsburg Fortress, 2000.

Nason-Clark, N. & Clark Kroeger, C. ***Refuge from Abuse: Healing and Hope for Abused Christian Women.*** Downers Grove, IL: InterVarsity Press, 2004.

Paymar, Michael. ***Violent No More: Helping Men End Domestic Abuse***. Alameda, CA: Hunter House.

Seamands, D.A. ***Healing for Damaged Emotions***. Colorado Springs: Chariot Victor Publishing, 1991.

Silvious, Jan. ***Fool-Proofing Your Life: Wisdom for Untangling Your Most Difficult Relationships***. Colorado Springs: WaterBrook Press, 1998.

Silvious, Jan. ***Please Don't Say You Need Me: Biblical Answers for Codependency***. Grand Rapids: Zondervan Publishing House, 1989.

Springle, P. ***Codependency: A Christian Perspective***. Houston and Dallas: Rapha Publishing/Word, Inc.,1994.

Walker, Lenore E. ***The Battered Woman***. New York: Harper & Row Publishers, Inc., 1979

INTERNET SITES

Bridging the Gap Ministries
www.bridgingthegap.freeservers.com

Cuyahoga County Domestic Violence Center
www.domesticviolencecenter.org

Family Violence Prevention Fund
www.fvpf.org

FamilyLife: A division of Campus Crusade for Christ
www.familylife.com

Focus Ministries, Inc.
www.focusministries1.org

Focus on the Family
www.family.org

National Domestic Violence Hotline
www.ndvh.org

Network of Care for Domestic Violence, Lorain County
www.lorain.oh.networkofcare.org

Ohio Domestic Violence Network
www.odvn.org

The Family Refuge Center, Lewisburg, WV
www.familyrefugecenter.com

WomenSafe, Inc.
www.womensafe.org

HOTLINES

National Domestic Violence Hotline
1-800-799-SAFE

Cuyahoga County Domestic Violence Center
(216) 391-HELP (4357)/ TDD (216) 651-9600

Lorain County Domestic Violence Shelter
(440) 323-3400 or (440) 244-1853

PROFESSIONAL COUNSELING CENTERS AND MINISTRIES

Abigail Ministries (www.abigail-ministries.org)
Phone: (440) 427-7700 ext. 43

CJ Hendry & Associates (www.cjhendry.com)
25000 Center Ridge Road, Suite 6
Westlake, OH 44145
Phone: (440) 892-7034
Fax: (440) 250-9013

North Coast Family Foundation (www.northcoastfamily.com)
6929 West 130th Street, Suite 500
Parma Heights, OH 44130
Phone: (440) 842-6867
Fax: (440) 842-8914

ADDITIONAL NOTES